

# PRIVATE LESSONS

We offer private lessons to all levels. Choosing to take a private lesson can allow you to enhance your skating skills, boost your confidence, participate in competitions and tests. Please take a look at our coaches and contact them individually to schedule lessons.

Coaches are private contractors. Selecting one and continuing with them is between you and the coach. You are responsible for contacting them regarding all aspects of private instruction. The rink does not set up private lessons

# CHOOSING A COACH

First, take a look at our instructor list and learn some highlights of that individual. Then, set up a trial lesson with that instructor. If the coaches teaching style works well with you, then talk about setting up something more permanent with that instructor.

At any time if you feel that it is in your best interest to change coaches, communicate with your coach FIRST before making any other decisions. If you have questions about a coaching change, please contact the skating director.

## HOCKEY LESSONS

Contact:

**Matt Paris-mattparis93@gmail.com**

**Ian Cleary-clearout06@gmail.com**

# Learn to Skate USA

Reisterstown Sportsplex offers a learn to skate group lesson program through Learn to Skate USA. We offer all levels from beginner to advanced lessons. All members of our group lesson program MUST be members of Learn to Skate USA!

It is recommended that skaters stay enrolled in the group lessons through Freeskate level 6. Supplementing the group lessons with a private lesson will boost their skating level. After completing Freeskate 6, parents and skaters will want to discuss skating goals with their coach. For more information on our group lessons at Reisterstown Sportsplex, contact Kirsten West, Skating Director. [Kirsten@rtownsports.com](mailto:Kirsten@rtownsports.com)



# Coaches & Private Lesson Information



[www.rtownsports.com](http://www.rtownsports.com)

For more information about lessons, please contact the coach directly or call Kirsten 410-429-4242 or [kirsten@rtownsports.com](mailto:kirsten@rtownsports.com)

## **PAMMIE DAUGHERTY**

pameladaugherty629@gmail.com

- PSA/USFS member/registered coach
- Gold Moves/Intermediate Freestyle
- Collegiate/Regional Competitor
- Theatre on Ice Competitor
- Specialized in Moves and Freestyle
- Graduate of Towson University.
- Law Degree from U of B



## **RACHEL FLEISHELL**

rach.alexandra@ymail.com or  
443-418-8525

- PSA/USFS member/registered coach
- Learn to Skate USA Instructor
- Coach with the Chesapeake Synchro Skating Teams.
- Accepts students for MIF, Freestyle and Synchro



## **MELYSSA JAMES**

mvagrlies06@hotmail.com

- Over 10 years of coaching experience
- British National and International Team Member
- British National Solo Dance Champion
- Welsh National Champion
- USFS Gold Medalist in Freestyle, Moves and Dance
- Principle Skater in Professional Ice Shows
- Specializing in Ice Dance, Moves, Choreography and Freestyle



## **VERONIQUE LACORIX**

veelacroix@gmail.com

- Learn To Skate USA instructor
- Figure Skater for 12 years
- Extensive background in Theatre on Ice and off-ice training
- 10+ years of classical ballet training



## **LAURA MICCIULLA**

lmicciulla0720@gmail.com

- Learn To Skate USA instructor/USFS member
- US Figure Skating Double Gold Medalist in Moves in the Field and Pattern Ice Dance.
- Background in off-ice training/conditioning
- Specializing in Moves in the field, freestyle and dance.



## **SKYLAUR MORRIS**

skym1010@gmail.com  
[443-803-5601](tel:443-803-5601)

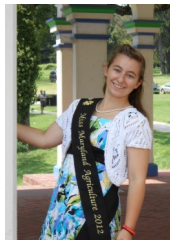
- 10 years coaching experience. LTS instructor, All levels of Freestyle, Moves in the Field and Choreography. USFSA Gold Medalist
- Former Disney On Ice Performer.
- Certified Fitness Trainer with a focus of creating special individual training programs for competitive athletes with a Master's degree in Communications
- Former Theatre on Ice coach at Penn State University
- Choreographed/ directed showcase productions, along with competition and test programs
- Coached skaters through USFSA test, along with winning performances at USFSA sanctioned competitions



## **PHYLLIS MCKENZIE**

phyllisfarm@yahoo.com

- PSA/USFS member/registered coach
- Gold Moves/Junior Freestyle
- Regional Competitor
- National/World Pic Skating champion & competitor
- Trained in ballet/modern dance/off-ice conditioning



## **LAUREN NEIDIG:**

laurenmbn@gmail.com

- PSA/USFS member/registered coach
- World Synchronized competitor-4yrs
- Synchronized National champion
- Synchronized National competitor-8yrs
- Head coach of The Chesapeake Synchro Skating Teams
- Skated with U of Miami and The Haydenettes Synchronized Skating Teams



## **EMILY ROBERTS**

esroberts829@gmail.com

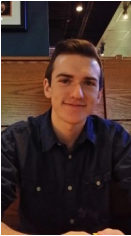
- USFS member/registered coach
- Competed in U.S Synchronized Skating Championships
- Junior Solo Ice Dance Competitor
- Specialized in basic skills, moves in the field and synchro skating



## **MATTHEW SPANN**

Matthew.spann@gmail.com

- PSA/USFS member
- Skilled in Moves in the Field up to the Junior Level
- Colligate/Adult/Senior Synchronized competitor
- Graduate of UMBC
- Specializes in beginner lessons
- Learn to Skate USA instructor
- Coach with the Chesapeake Synchro Skating Teams



## **DANIELLE STEELE**

301-233-6789 daniellemsteele@yahoo.com

- USFS Gold Medalist in Freestyle & Moves, Pre-Gold Dance
- National Collegiate Championships final round competitor, Regional Championship initial round medalist
- Coached students through senior freestyle & moves tests, adult gold tests
- Coached gold medalists at State Games of America and ISI Worlds
- 20 years coaching experience
- Choreographer for shows with National & World competitors including Michael Weiss
- Specializes in freestyle, moves in the field & choreography



## **KIRSTEN WEST**

kirsk8@gmail.com

- PSA/USFS member/registered coach
- USFS Gold Medalist in MIF
- Collegiate National/Intercollegiate Competitor
- Theatre on Ice and Synchro Competitor
- Skating Director at Reisterstown Sportsplex
- Specializes in Freestyle & Moves
- Graduate of Towson University
- Past president of Towson University Figure Skating Club.

